
NUDSA REPORT ON WORLD ORAL HEALTH DAY 2022 COMMEMORATION

NUDSA commemorated the World Oral Health Day, 20th March 2022 by “Giving A Smile” and urging the public to “Be Proud of Their Mouth”. A total of 45 dental students participated in the event organized by NUDSA. The students were under the mentorship of Dr. Mua and Dr. Mutave (lecturers at Dental School University of Nairobi) and great oral health ambassadors. We were also joined by Eunice Gathoni and her team from the University Health Services (UHS) who gave COVID 19 vaccinations to the participants.

We conducted a walk from University of Nairobi Dental School to UoN Main campus at the Graduation Square. Public sensitization on oral health was done during the walk along Valley Road, part of Kenyatta Avenue, Nyerere Road, Mamlaka Road and Lower Statehouse Road as walked into the university. The walk was followed by oral health awareness campaign among students from different institutions across the country who had organized sporting matches at Main Campus. Free dental screening was done and oral hygiene instructions on brushing techniques, brushing frequency, toothbrush selection and the need to have regular dental visits was given. Free toothbrushes and toothpastes were distributed to students on site. We managed to reach out to approximately 300 individuals during the event.

The activity was mainly facilitated by Unilever who provided us with branded T-shirts and samples (toothbrushes and toothpastes), Prof. Macigo, Dr. Mua and Dr. Mutave.

We give our sincere gratitude to Mr. John Mwalaghelaghe (Unilever), Dr. Walter Odhiambo (Chairman Department of Dental Sciences), Prof. Macigo, Dr. Mutave, Dr. Mua, Dr. Lucy Mbogo (CMO), Kenya Dental Association (KDA) and our students for making the day a success.

Prepared by

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